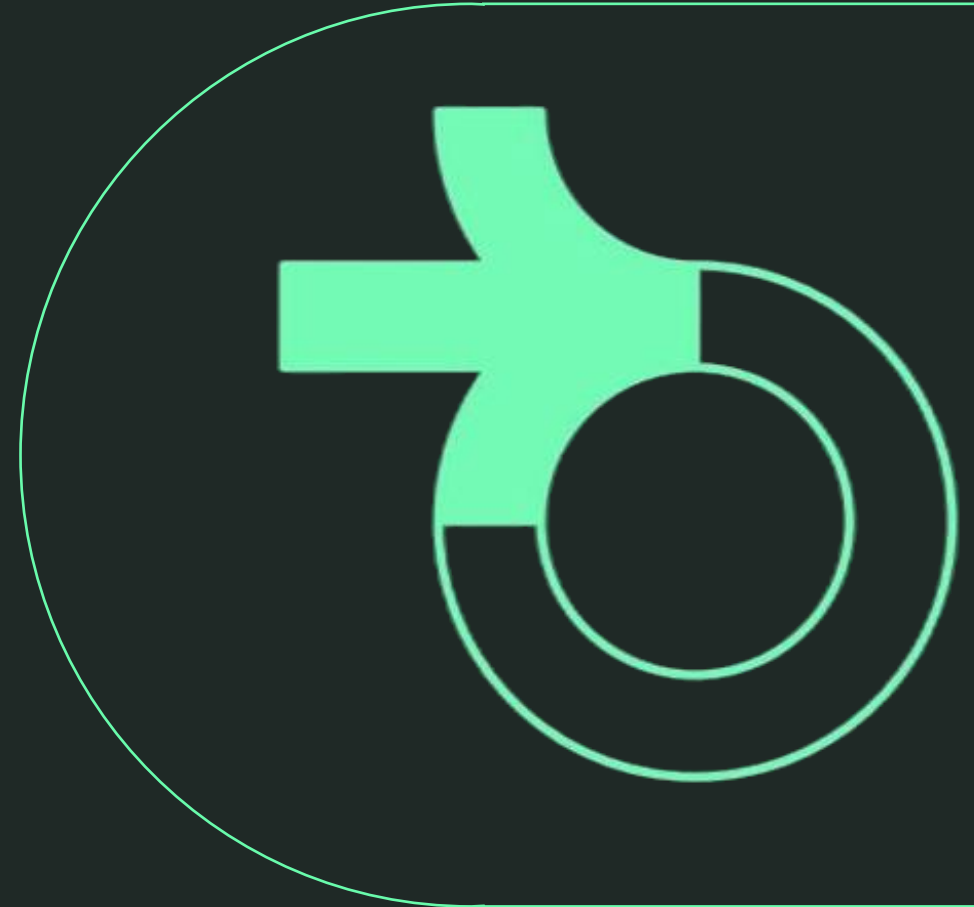


Trainer

Certification

Course



One

Enhance



Enhance your professional skills

Our comprehensive training will equip you with the knowledge and resources to be confident in your ability to apply the **discflow** model. Importantly, the certification will provide you with the versatility to craft solutions to meet a wide variety of organisational needs

Two

Deliver



Deliver real benefits to the organization

Our powerful and effective tools are designed to help people produce spectacular results. Completing a **discflow** certification course signals a proven level of capability and knowledge – giving you the ability to deploy solutions directly to individuals, teams and organisations.

Three

Impact



Create lasting and impactful results

Following your certification, you will have access to a suite of world-class tools designed to inspire lasting behavioral change. These tools will empower you to facilitate meaning and sustained personal and professional growth, fostering more productive and harmonious interactions within the teams and organisations you work with.

Your Journey to Certification (and beyond)

Prime

Your Learning

- ✓ Watch videos
- ✓ Reading material
- ✓ Complete assignments
- ✓ Make connections

Live Sessions

Apply and practice

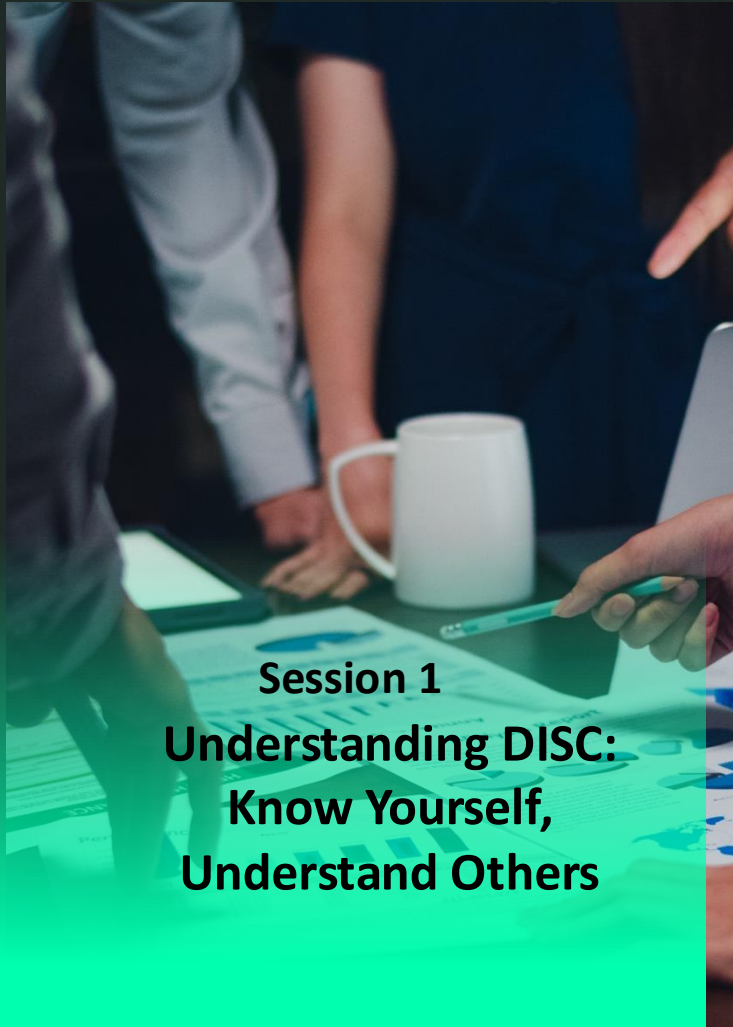
- ✓ Log in 5 minutes early
- ✓ Cameras on, please!
- ✓ Be willing to participate
- ✓ Pre-work and post-work are essential
- ✓ Rooted in brain-friendly practices

Extend

Learning

- ✓ Identify your goals
- ✓ Action-focused
- ✓ Use deliberate practice to instill new habits
- ✓ Refresh your skills and knowledge
- ✓ Be accountable – complete assignments
- ✓ Products and platforms
- ✓ Gain feedback and coaching
- ✓ Stay connected – share your learning and successes!

Agenda

A photograph of a business meeting with people gathered around a table, looking at documents and a laptop. A white mug is on the table. The image has a teal overlay at the bottom.

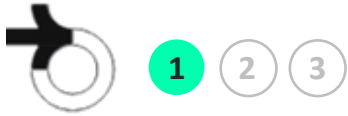
Session 1
Understanding DISC:
Know Yourself,
Understand Others

A profile of a woman's face with a cityscape and water reflected in the background, overlaid with a teal gradient.

Session 2
Adapting with Insight:
Strengthening
Relationships through
DISC and Emotional
Intelligence

A silhouette of a human head held by two hands, with a heart shape inside filled with colorful puzzle pieces. The image has a teal overlay at the bottom.

Session 3
Bringing it all Together:
Discflow in Action



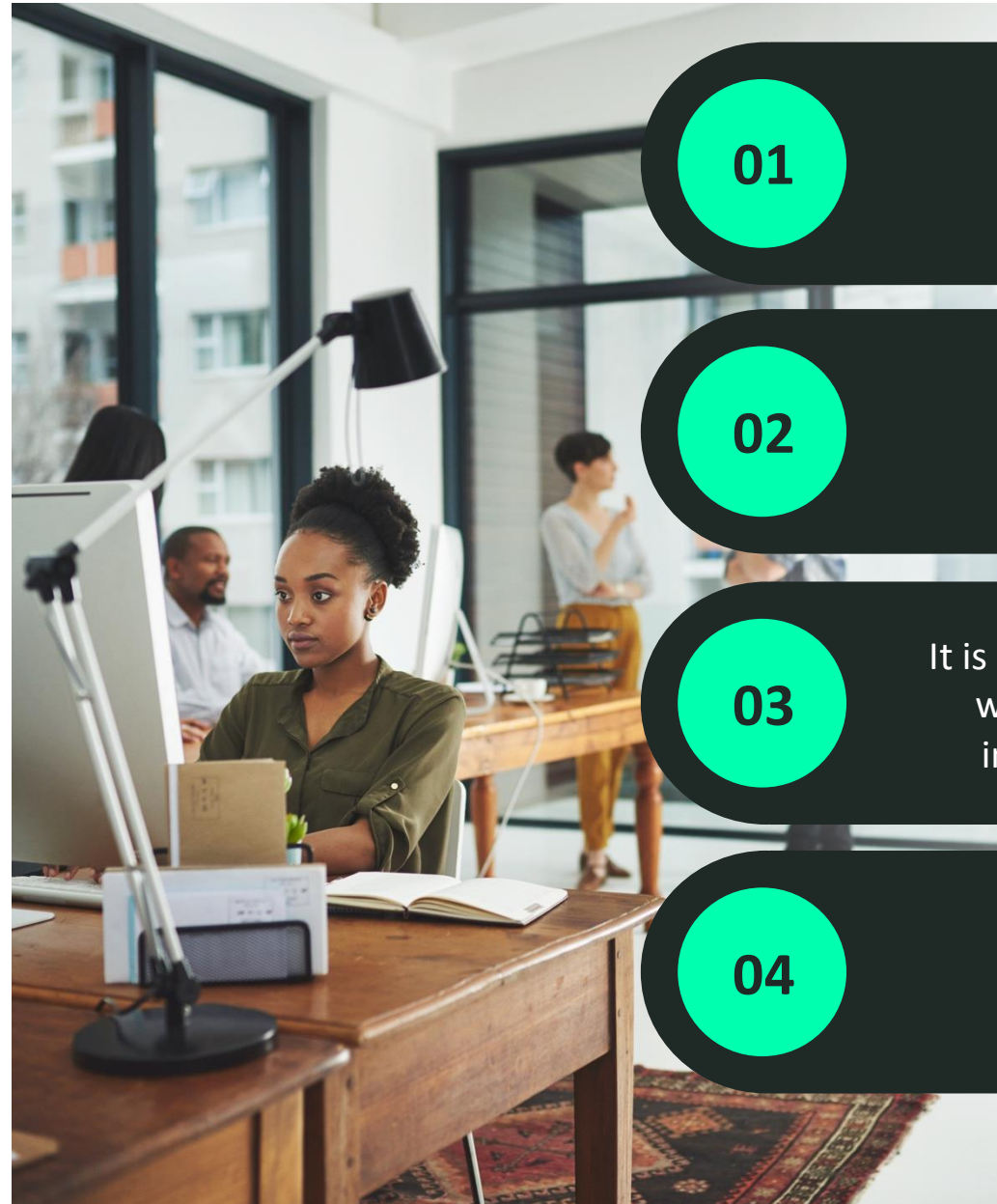
Session One

Objectives

By the end of this session, participants will be able to:

- 1** Understand the DISC Model – Learn its origins, purpose, and key principles.
- 2** Identify and recognise the Eight DISC Styles – Recognise core traits and preferences of each style, including how to 'People-Read' to build better communication and relationships.
- 3** Interpret Discflow Portrait 2.0 Results – Gain insights into how to accurately interpret each aspect of the Report.
- 4** Validate and Reflect – Explore how personal style influences strengths, limitations and other key areas.
- 5** Identify the Benefits of working with DISC – Understand its value in self-awareness, people-reading, leadership and teamwork

Benefits of DISC



01

The DISC model has been designed to be simple to understand and easy to apply

02

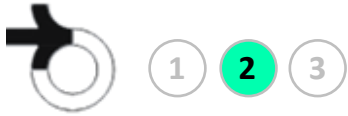
It provides straightforward steps to improve performance in the workplace

03

It is practical... after this workshop you will be able to apply this knowledge immediately and see the difference

04

Applying the DISC model can help individuals and teams work better together



Session Two

Objectives

By the end of this session, participants will be able to:

- 1 Understand the Role of Emotions – Explore their purpose and impact, especially with reference to Emotional Intelligence (EI).

- 2 Connect EI to DISC – Recognise and apply the strengths and differentiators of the Discflow Core 2.0 Report .

- 3 Develop Emotional Regulation Strategies – learn techniques for managing emotions effectively.

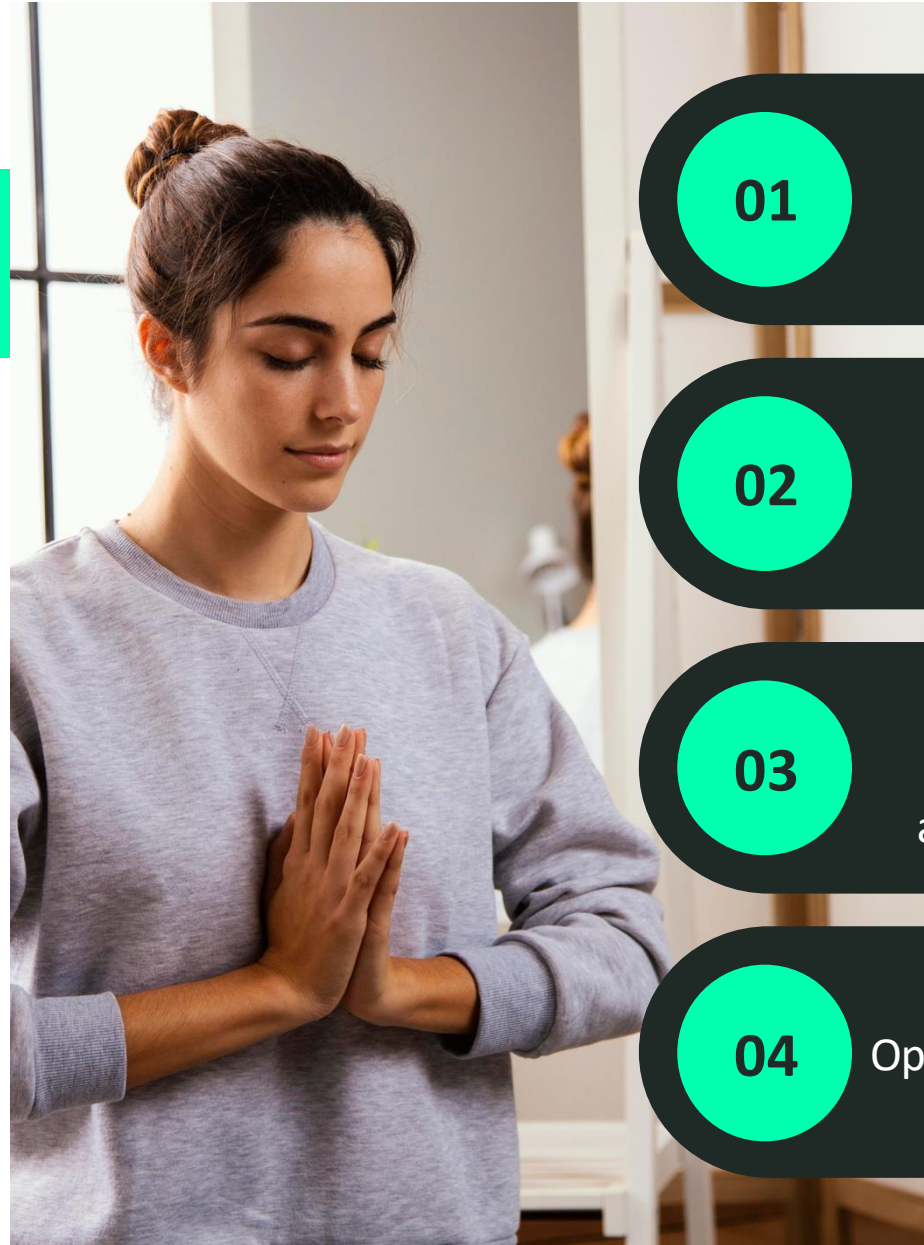
- 4 Interpret EI Insights – Apply key findings from the Discflow Core 2.0 Report.

- 5 Use EI to Enhance DISC Application – Know how to strengthen relationships through greater Self-Awareness and Awareness of Others

- 6 Prepare for Feedback – Review and prepare for debriefing individual assessment results

Self-Awareness

Is your ability to recognise and understand your emotions, how they shape your behaviour, and how you can use this awareness to make intentional choices.



01

Self-Reflection

Thoughtful reflection of your emotions and behaviour

02

Self-Belief

Confidence in your abilities and a positive view of yourself

03

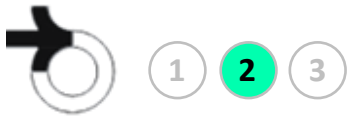
Emotional Clarity

The capacity to clearly understand and articulate your emotional state

04

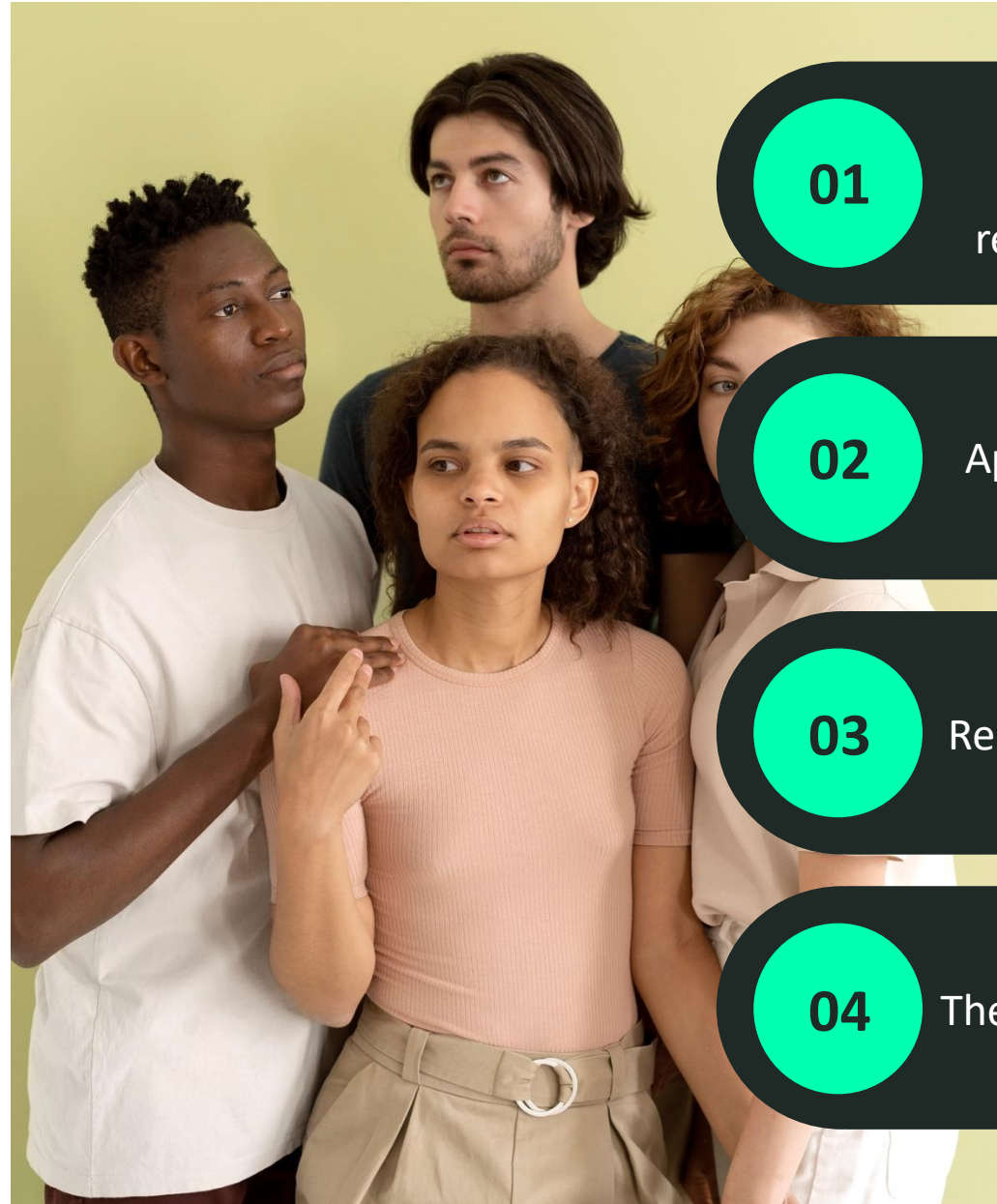
Seeking Feedback

Openness to others' perspectives and constructive criticism



Awareness of Others

Is the ability to perceive, interpret and respond to the emotions and perspectives of those around you, allowing you to build stronger relationships and communicate more effectively.



01 **Social Intuition**
Ability to sense the emotions and reactions of others in social settings

02 **Valuing Differences**
Appreciation of diverse perspectives and experiences

03 **Emotional Insight**
Recognising the unspoken emotions and thoughts of others

04 **Empathy**
The capacity to understand and share the feelings of others



Session Three

Objectives

By the end of this session, participants will be able to:

- 1** Handle Participant Resistance – Confidently navigate challenges when individuals question or disagree with their assessment results.

- 2** Apply Key Assessments – Demonstrate the use of the different applications in a case study, including enhancing leadership, building relationships and improving team effectiveness.

- 3** Feel confident and competent – Know how to link together the Discflow model and create a powerful learner roadmap.

- 4** Build Your Toolkit – Confidently apply methodologies, exercises and concepts to various scenarios.

- 5** Hone Feedback Skills – Further strengthen skills in debriefing assessment results



What Happens Next?

- 1 Certificates!
- 2 Completion of Your Applying Skills Assignments
- 3 Purchase Tokens
- 4 Feedback please!
- 5 Help and support

How to join the certification

Steps to Certification:

1. Complete registration form
2. Link to Promote emailed
3. Link to complete Core Report
4. Sessions Commence
5. Alignment exam
6. Certificate Received

What you get during Certification

- 3 x 4 hrs with expert facilitators
- Personalised Discflow Core Report
 - Access to Flow Hub
- 20 Tokens to generate reports
- Access to extensive resources and support materials
- Your Discflow Certified Trainer Credential

When is the next online certification:

Session One: **4 hours**

Session Two: **4 hours**

Session Three: **4 hours**

2026

Timing for all online sessions:

9.00am – 1.00pm GMT+8